

## 0-3 MONTHS

## I Can.

- Kick
- Turn my head from side
- Clasp my hands together
- Grasp objects

**Physical** 

## You Can.

- Use sensitive observation to determine my needs
- Let me experience wide-open space. i.e. a mat on the floor or a carpeted area.

- Vocalize with delight
- Smile
- Make eye contact
- Coo and babble when talked to

Emotional &

Social

- Call me by my name
- Encourage me to focus on whatever task is at hand
- Let me interact with other infants

- Stare at objects, especially friendly faces
- Follow objects or faces as they move
- Suck on objects that come near my mouth

Intellectual

- Let me look at different things
- Provide me with things to see, touch, and gum
- Let me develop at my own rate; do not force anything on me

- Listen
- Cry
- Respond to voices
- Coo, whimper, and gurgle

Language

- Place me on my back so I can have a broader view have both ears listen, and use both of my hands
- Talk to me, especially during caregiving times
- Tell me what is going to happen

## Toys and Equipment that Will Assist Me in My Development

- A crib or basinet that will make me feel secure while I sleep; a large playpen
- A mat, rug, or blanket to lie down on and have room to move around on freely
- Noisy rattles
- Bright colored mobiles
- Soft, washable, toys that I can look at or suck on (be sure there are no small parts that come off and can be swallowed)
- Music