

## 1-2 YEARS

## I Can.

- Walk
- Run, but awkwardly
- Walk up stairs holding a hand
- Use a crayon to scribble marks
- Feed myself better

**Physical** 

## You Can.

- Keep the environment full and interesting
- Encourage me to play with other children
- Allow enough physical exercise for me

- Imitate adults in dramatic play
- Help with chores
- Undress to some extent

Emotional & Social

- Allow me to help as I am able to
- Help me with my interaction and talk me through aggressive situations

- Begin to solve problems
- Speak more

Intellectual

- Provide a number of choices for me
- Help me work on a problem uninterrupted
- Encourage use of language

- Use words to indicate wants
- Enjoy picture books

Language

- Ask questions and encourage me to ask them, too
- Read aloud to me

## Toys and Equipment that Will Assist Me in My Development

- Area to walk and run
- Enjoy taking walks with adults
- Enjoy plenty of sensory experiences
- Dramatic play items, such as dress-up clothes, dolls, housekeeping equipment, dishes
- Low shelves with toys, such as small people, animals, doll houses, containers with small objects, measuring cups, and spoons
- Books with clear and simple pictures