

## I Can.

- Complete daily care activities
- Participate in sports activities

### Physical

## You Can.

- Encourage daily self-care routines
- Allow team and individual sports

- Desire independence and privacy
- Be critical and concerned with my appearance
- Enjoy being with my peers
- Question authority and seek ways to change a situation

### Emotional & Social

- Respect needs for privacy (ie. knock when entering the room)
- Allow opportunities for peer relationships
- Clearly explain rules and provide opportunities for problem-solving
- Respect needs for self-expression

- Understand abstract ideas and theories
- Problem solve and reason
- Adapt and be flexible

### Intellectual

- Give factual, complete ideas and explanations
- Provide opportunities for problem-solving
- Encourage involvement in decision making

- Have an increased vocabulary
- Able to use complex sentences, in both their oral statements and written language.
- Ability to understand and use figurative and social language.

### Language

- Encourage books and word games
- Encourage creative writing, music and expressive activities.
- Support verbal/nonverbal expression of feelings (ie. journal writing, phone conversations, discussion)

## Toys and Equipment that Will Assist Me in My Development

- Jump rope, basketball, soccer ball, football, baseball
- Oragami
- Board games, puzzles
- Word games
- Books and Journals
- Digital Art / Technology
- Beads
- Arts and craft activities