

I Can.

- Run headlong, have trouble stopping and turning
- Walk up and down stairs
- Throw a ball and kick a ball forward
- Put on some easy clothing
- Hold spoon, fork, cup, but may still spill
- Use a paintbrush, but can't control drips
- Turn the pages of a book

Physical

You Can.

- Encourage me to move in any way I like (within limits)
- Encourage me to find new ways to combine and use familiar toys and equipment
- Chase and wrestle lovingly
- Play circle games and sing songs

- I understand what belongs to me and what belongs to you ("That's mine and that's your sisters")
- Hoard possessions; may resist in sharing
- Assert independence
- Take pride in accomplishments

Emotional & Social

- Respect my needs to hold onto my own possessions
- Allow me to try things by myself, even when you know you can do it better or faster
- Help me have accomplishments I can take pride in

- Identify parts of a doll- hair, ears, etc.
- Fit forms into a form board
- Solve many problems on my own
- Work simple puzzles

Intellectual

- Provide a variety of choices of materials for me to use and ways to spend time
- Give me the freedom to use materials in creative ways
- Encourage problem-solving & exploration

- Use personal pronouns, but not always correctly
- Refer to myself by name
- Use two- and three-word sentences
- Talk about what I am doing

Language

- Encourage me to converse both between other children and adults
- Help me speculate ("I wonder what would happen if...")
- Take me places and talk about what we do and see
- Encourage me to verbalize feelings and wants

Toys and Equipment that Will Assist Me in My Development

- Big open space to run, especially outdoors low climbers and slides
- Large ball, both light, and heavyweight
- Low three- and four-wheeled, steerable, well-balanced vehicles both with or without pedals
- Swings children can get in and out from themselves
- Large lightweight blocks
- Wooden puzzles with two to four large pieces and stacking toys
- Construction sets
- Playdough
- Rhythm instruments
- Hill, ramps, low stairs, and space to run
- Dolls to dress and undress
- Books, felt pens, crayons, finger paint
- Provide space for personal possessions
- Hand puppets
- Art, music, and dramatic play experiences
- Texture matching games
- Sand and water and toys