

## 4-5 YEARS

## I Can.

- Dress myself, String and lace my shoelace
- Bounce and catch a ball
- Push/pull wagon or cart
- Hop on one foot, Run and Stop
- Cut following a line
- Pour from various containers
- Print my first name

Physical

## You Can.

- Encourage me to dress myself
- Play catch with me
- Race, slowly, with me
- Provide me with fine motor activities (arts and crafts, block building)

- Play with peers near my age
- Play simple board games
- Role play
- Focus, concentrate

Emotional &
Social

- Encourage me to play with others
- Encourage imaginative play
- Let me play alone

- Think symbolically (I can represent an object that is not present)
- Think egocentrically (inability to distinguish between my own perspective and someone else's)
- Intuitive

Intellectual

- Encourage imaginative play with toys ( play with what is available and. use" imaginary" toys for those that are not available)
- Listen to what I am saying and elaborate from there

- Speak in simple sentences
- Begin to use appropriate verb endings
- Ask and answer questions
- Listen to story books

Language

- Read books to me and after each page ask me questions about the story.
- Engage a conversation with me by initiating with a question

## Toys and Equipment that Will Assist Me in My Development

- Big open space to move around
- Provide some outside space to play hopscotch
- Wagon, cart, or stroller to push or pull
- Dolls to dress and undress
- Balls to play catch with sports

- Paper, scissors, glue, crayons, markers
- Building blocks or Legos
- Costumes to role play
- A variety of books
- Simple board games and puzzles