

I Can.

- Run, jump, climb, ride a bike, roller skate
- Participate in sports activities
- Enjoy arts and crafts and drawing

Physical

You Can.

- Play sports games with me
- Let me experience wide open spaces
- Encourage participation in activities

- Complete tasks
- Verbalize feelings
- Enjoy socializing with friends

Emotional & Social

- Provide opportunities for me to make choices
- Provide opportunities and activities that allow me to express my feelings
- Encourage me to communicate with my friends on the phone or by email and engage in group play opportunities

- Think concretely and reason
- Understand and tell time
- Enjoy reading a book

Intellectual

- Talk to me about things that are going to happen and give me specific information
- Provide opportunities for solitary play such as reading, writing in a journal

- Tell jokes and enjoy humor
- Understand verbal instructions and reason
- Understand a larger vocabulary

Language

- Encourage communication with peers
- Provide verbal instructions and encourage me to ask questions and problem solve
- Play word games, board games and do puzzles with me

Toys and Equipment that Will Assist Me in My Development

- Big open space
- Jump rope, basketball, soccer ball, football, baseball
- Scissors, fine tip markers, colored pencils, glue
- Board games, puzzles
- Word games
- Books
- Small Legos
- Arts and craft activities