

I Can.

- Crawl
- Pull to stand on furniture
- Get into sitting position
- Pick up small objects with my thumb and forefinger

Physical

You Can.

- Help me when I can stand up, but can't sit down
- Provide open spaces and safe climbing opportunities
- Allow me to explore

- Clearly attached to my primary caregiver
- Reject things I don't want
- Drink from a cup holding handle
- Tease
- Anticipate events

Emotional & Social

- Provide me with a schedule so that I can anticipate events
- Allow opportunities where I can engage in uninterrupted concentration
- Allow me to discover the consequences of my behavior

- Anticipate people's return
- Concentrate and not get interrupted
- Take things out of a container and put them back

Intellectual

- Give me plenty of opportunities to develop self-help skills

- Pay attention to conversations
- Use words such as "mama" and "dada"
- Yell

Language

- Include me in your conversations
- Promote interactions with other infants
- Respond to my sounds
- Encourage me to use words
- Ask questions I can respond to

Toys and Equipment that Will Assist Me in My Development

- Big open area to crawl
- Plastic or wooden cars and trucks, play or real telephones, blocks, dolls, balls of different sizes, and nesting toys
- Platforms that provide different levels for me to explore
- Rails or low furniture for standing or cruising
- Tools for self-help, such as cups and spoons
- Safe objects from the adult world: pots, pans, spoons, and discarded boxes
- Picture books