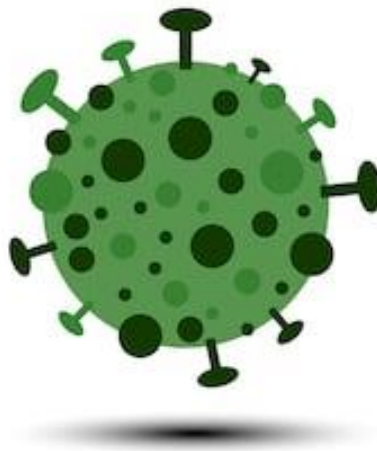
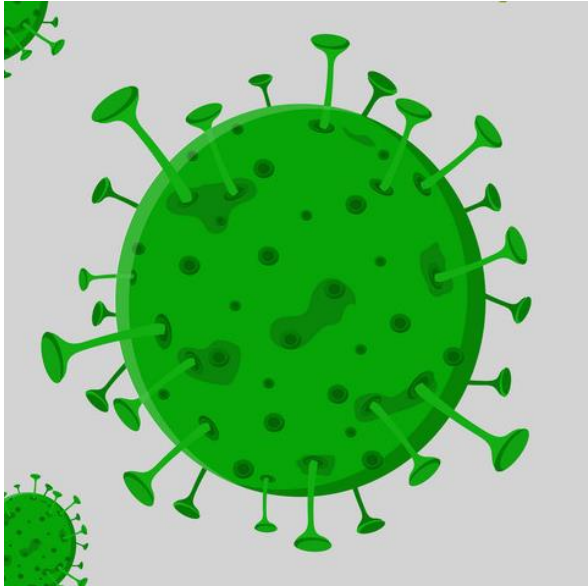


# Learning About CORONAVIRUS



# Learning about Coronavirus



Have you heard of this word before?

YES

NO

Maybe at school, online, or from friends or family?

Coronavirus is a new virus that causes a disease called COVID-19.



**Do you know what a virus is?**

A virus is a type of germ—they're very tiny and can make you sick. That's why it's important to wash your hands to keep you healthy.



**What is your favorite song to sing while washing your hands?**

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## So what is this coronavirus?



This type of virus has traveled all around the world, making people feel sick—like they have a cold or the flu.

## Have you ever had the flu?

YES

NO

## What do you remember about it?

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## Was there anything that helped you when you were sick?

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## How do people feel when they have Coronavirus?

Some people have a fever, a cough, or trouble breathing



## How do I know if I have Coronavirus?

Doctors or nurses will rub the inside of your nose with a long Q-tip for about 10 seconds (it might feel a bit strange or uncomfortable)

You can ask someone to count out loud if you would like

The doctors then send the Q-tip to a lab where people look for coronavirus germs

It takes 1-7 days to see if you have coronavirus



## How will I feel if I have it?

Your throat might be sore or you might be coughing

You may have a fever or feel more sleepy than normal

Most kids get better in 5 to 10 days

## What if I feel confused?

- Talk to a grown up, tell them how you feel, ask questions!
- Play your favorite game!
- It's ok to feel confused!
- Call a family member or friend you are missing!
- Think of a place that makes you happy



## How do I stay healthy?

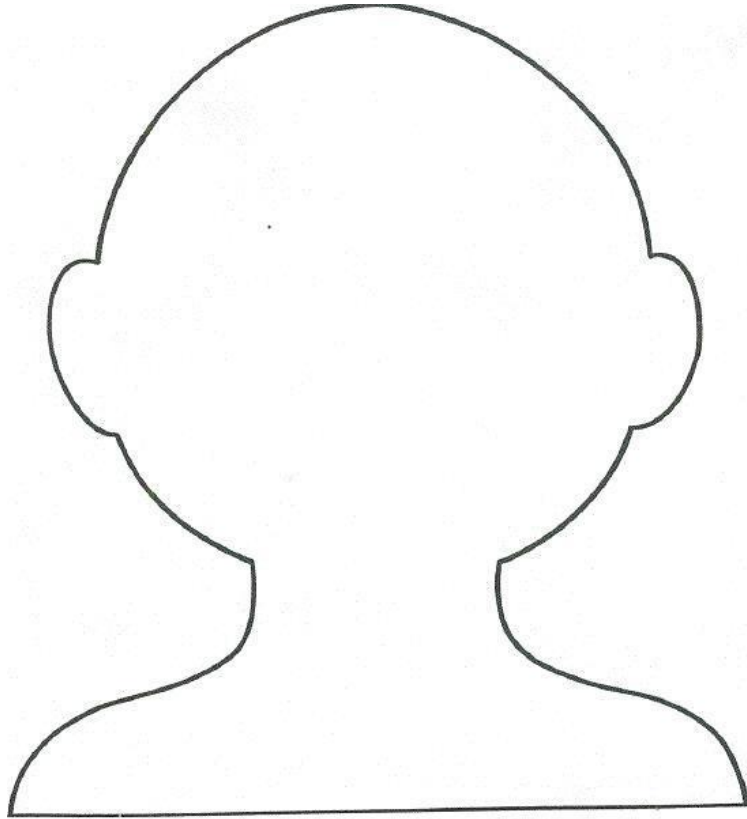
Wash your hands!

Eat yummy healthy food (fruits and veggies)

Exercise (dance, run around)

Get enough sleep!

**How are you feeling now?**



**What questions do you have??**

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